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Creating Possibilities



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Product guide

Mobile Shower Commode Chairs

Making life easier for users and carers

Mobile shower commode chairs need to be versatile as they are used for both showering, toileting and transportation. Since they are primarily for people who require assistance, ergonomic functionality for the caregiver is especially important. Good working conditions for the carer, and comfort and safety for the user - are the foundations of dignified care.

Simplifies care tasks

A mobile shower commode simplifies hygiene tasks immensely, since users can remain in place when using the shower, toilet or wash basin, as well as going to and from the bathroom. This reduces the need for additional transfers.

However, this also sets particularly high demands on ergonomic and user-friendly functionality, that facilitates daily bathroom visits for both users and carers.



Developed from insight

Etac has developed mobile shower commodes for more than 30 years, and by cooperating closely with rehab professionals and users, we have gained a solid understanding of the challenges they face. These insights are the cornerstones in our design process, and we make sure we keep updated on tomorrow's care needs through continuous research. We call it insight-driven development.



Etac, a renowned seal of quality

Etac's bathroom aids come from a long history of renowned quality and can be trusted to meet the highest of standards. Our products are used across the globe and several of them have been recognized with design awards throughout the years.

But above all, they have been developed with users and caregivers in mind - and the firm belief that assistive devices should never have to compromise on good design.

Read a case story from our product development by following the link.

Assisted personal care

Ergonomics in relation to assisted personal care is complex. Not only is personal hygiene a very private matter for the user, but carers must also have a functional work environment. When choosing a mobile shower commode, consideration must be given to both parties' needs as well as their physical surroundings, three factors which sometimes conflict.



Dignified care for users

Dignity, safety and comfort for users are our first and foremost priorities. We must provide softness and support in the right places, as well as opportunity for individual adjustments. However, their experience not only affects themselves, but the carer as well.

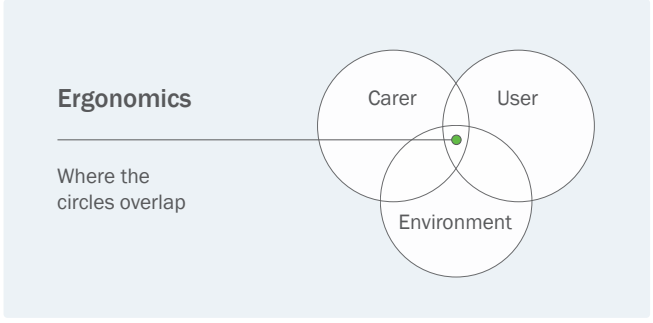
Most caregivers state that user comfort is crucial to enable them to work without risk for injuries. Users in return, confirm that they find it undignified if the carer has to struggle to assist them. In essence, dignified care for the user goes hand in hand with a healthy work environment for the caregiver.

Good working conditions for carers

Helping with personal care can be challenging, especially if the user is unable to assist. The process often includes heavy lifts and awkward postures that can cause work-related injuries over time. In addition to simplifying transportation, a mobile shower commode needs to faciliate the carer's work throughout the entire hygiene routine.

From our research, we know that the primary need for carers is having good access around the seat, in order to reach and clean the person with ease. As a result, our chairs are designed with generous openings to improve access. They are also developed with ergonomic and intuitive features as our top priorities.





The bathroom as a workplace

Bathrooms are by definition difficult to work in. Space is usually scarce and residential bathrooms in particular, are not built to accommodate health care workers. At times, this unfortunately means that the choice of product is determined by environmental, rather than human factors. Even if this isn't ideal, it demonstrates the complexity of assisted care and that decisions sometimes have to be made through compromises.

Mobile shower commode categories

Etac's mobile shower commodes are divided into three primary categories, where most are attendant-propelled. There are numerous versions with different benefits and suitability for varying users and care settings. This guide provides an overview of the range and helps you find the most suitable model.



Self-propelled models

A model for more independent users who want to maximise their mobility and can self-propel. The chairs are easy to manoeuvre thanks to 24" wheels positioned for maximum control and balance. Generous space around the seat and flip-up/swing-away arm supports facilitate side transfers. Apart from that, they have the same benefits as the standard model.



Standard models

An attendant-propelled chair that facilitates toileting, showering and transportation, and constitutes the base model for all other categories. Suitable for someone who has postural control, can sit upright during hygiene routines and may be able to manage some care tasks independently. The seat has an opening for toileting that also provides access for personal care.



Tilt-in-space models

Chairs that provides additional support for people who have difficulties sitting for long periods, due to limited postural control. The tilt function makes it easier to position the person well back into the seat. Etac's models can be tilted manually or electrically from either side while maintaining eye contact between user and carer, making the process smoother, safer and more reassuring for both parties.



Transfers in and out of the chair

Users of mobile shower commode chairs usually need additional assistive devices, especially for transfers. Just as the person's mobility influences which chair to choose, it is also related to which transfer aid to use. Sometimes it's the existing transfer solution that determines which chair to choose, but it can also be the other way around. Either way, the two go hand in hand and should be chosen with regards to the complete care situation.

Seated transfers

People with trunk stability and good strength in their arms and upper body, may be able to perform a seated transfer to the shower commode (independently or with assistance). To make the process easier, a transfer board can be used, designed to bridge shorter gaps when performing sit-to-sit transfers. This person's mobility level can be a good match with a self-propelled chair.



Standing transfers

Sit-to-stand aids are suitable for people who have good postural control and can bear their own weight, much like someone using a standard mobile shower commode. This type of transfer in and out of the chair promotes activity and stimulates the person's own muscle strength.
A sit-to-stand aid takes up little space, which can be convenient in bathrooms and toilets.



Hoisted transfers

Those who aren't able to stand need to be lifted into the chair using a hoist. This kind of transfer can be a great combination with a tilt-in-space chair, since the person remains supported throughout the process and can be positioned far back into the tilted seat. There are both mobile and ceiling hoist alternatives.



Choice of product solutions

From a caregiver's perspective, the best product is usually the one that reduces the work load the most. Users however, benefit from products that activate them and help them to maintain abilities. This can be difficult to balance as these two needs are sometimes in conflict. The best solution requires a holistic approach and weighing different factors against each other.

Etac offers products for a wide range of daily needs and care settings.
Follow the link for more information on our transfer aids.



The Clean Family

Great functionality - without complexity

Clean is an award-winning classic and one of Etac's absolute best-sellers. Introduced over 20 years ago, it set the standard for shower commodes to come and maintains its position to this day. Its excellent hygienic and user-friendly features, make it popular in care settings as well as home environments around the world. One of Clean's most significant traits is its slim design, making it easy to manoeuvre and fit where space is scarce.

Main versions


Standard


Front-opened


Height-adjustable


Self-propelled

At a glance

- Small footprint, easy to drive
- Flexible functionality without complexity
- A perfect fit over various toilets, incl wall-mounted models
- Streamlined one-tube frame that is easy to keep clean

Fixed back support
Easy to wipe off. A soft back is available as a variant and accessory.

Upright push bar
The upright handle allows for a close fit over different toilet models. Caregivers can grip from above or on the sides.

Swing-away arm support
Can easily be moved or removed to facilitate transfers.

Seat opening options
Seat with either rear or front opening, recess and generous space on both sides for easy access.



Small footprint
Easy to operate through narrow door-ways or where space is scarce.

One-piece leg support
Unique leg supports that is folded in underneath the chair when not in use. Curved footplate for comfort and relaxation.

Clean, standard model

The Swift Mobil-2 Family

A highly adaptable range

Swift Mobil-2 was developed based on our most extensive user and caregiver survey yet, and designed with ergonomic features and many opportunities for individual adaption. The family includes numerous versions, several adjustments as standard and a wide range of accessories. The tilt-in-space model has a unique function where the carer can tilt with a high degree of precision while maintaining eye-contact with the user.

At a glance

- Highly adaptable to different user needs
- Adjustable head, arm and leg supports, and seat height
- Offers XL versions for larger users
- A wide range of accessories

Main versions



Standard | Upright back | XL versions | Tilt-in-space | Self-propelled

Etac “Easy Clean” surface

A unique surface with a perfect balance between friction and cleanliness. Non-slip and hygienic.

Soft back support

Soft, adjustable and quick-drying. Stable fit with double fasteners around the pushbar.

Rear-opened seat

Spacious opening in the rear. Recess in the front and open sides for easy access.

Adjustable arm supports

Individually foldable arm supports that can be adjusted in height or width.

Adjustable leg supports

Swing-away leg supports that can be adjusted in height. Curved footplates provide arch support, comfort and stability.

Height-adjustable

Easy to adjust to different seat heights, without any tools.

Swift Mobil -2, standard model

The Alto

Designed for users and carers

A compact powered mobile shower commode with height and tilt adjustment, providing exceptional manoeuvrability and 360° ergonomic access. Easy to operate, it reduces physical strain for carers, fits most toilets, passes through doorways, and enhances user comfort and dignity.

At a glance

- Powered height and tilt adjustment
- Highly adaptable to diverse user needs and care settings
- Upright back version fits over most toilets
- Adjustable head, arm, and leg supports
- A wide range of accessories

Main versions



Standard



Upright back

Adjustable height and tilt

User-friendly hand control with six buttons and a battery indicator.

Multi-adjustable head support

Provides comfort and flexibility. Can be adjusted to suit a range of user needs.



Seating with open rear

Allows for easy access

Adjustable width

Individually foldable arm supports that can be adjusted in height or width.

Small footprint

Easy to navigate through standard doorways. A small turning diameter makes manoeuvring in tight spaces easy.

Powerful battery

The powerful battery lasts for 70–100 usage cycles.

Alto, standard model



The version with an upright back and upright head support easily fits over most toilets, including smart and wall-mounted ones. This unique combination enables the chair to be positioned closer to the wall.

How to choose the right commode

1 Introduction

Choosing the right mobile shower commode can be as simple as deciding which of the two families' general characteristics that suits best, followed by matching the right category to the individual user. However, it can also be about very specific requirements, met only by certain models. Section A-B covers detailed needs related to users, caregivers and care settings that can affect which model to choose. If none of those apply, the general recommendations for each series and category can help to narrow down the decision.

2 Which family to choose - general characteristics

The Clean family

Convenient for users who want the general benefits of a mobile shower commode but don't require as many individual adaptions. Clean offers all the needed functionality as well as some flexibility - but without further complexity. Suitable for users and caregivers who want as simple features as possible.



The Swift Mobil family

Can be especially suitable for people who need several individual adjustments to be well supported and comfortable. The chair can be modified over time if the user's mobility changes, as well as adapted to accommodate different people. Swift Mobil has numerous adjustments as standard and offers the largest range of accessories.



The Alto

Supports a wide range of users, from those with some independence to individuals with more extensive care needs. Powered height and tilt adjustment provide flexible positioning and ergonomic working conditions, helping reduce physical strain for caregivers while adapting to individual user requirements.



3 Which category to choose for different users

Self-propelled models

Suitable for people who:

- Have good control and stability in the upper body
- Have enough arm strength to propel the chair
- Can manage transfers and personal hygiene more independently

Standard models

Suitable for people who:

- Have postural control and can sit upright
- Are able to adjust and correct their sitting position themselves
- Might manage some tasks independently

Tilt-in-space models

Suitable for people who:

- Have moderate or low postural control
- Can only sit upright if well supported, and need tilting to position well into the chair
- Usually require more personal assistance

A User specifics

Product choice

Larger users, XL models

For larger users the Swift Mobil range is the best choice. It offers XL models with wider back frames and increased legroom, as well as a maximum user weight of 160 kg.

- Choose a Swift Mobil XL model

Seat opening in the front

In general, our shower commodes have the seat opening in the rear. For people who prefer access from the front because it suits their personal preferences or abilities better, a front-opened seat is the better choice.

- Choose Clean with a front-opened seat

Tip for users with sensitive backs

Our adjustable back support in soft mesh is perfect for people with sensitive backs, since it shapes to the spine. The adjustable back support in soft mesh could be a good option for people who find the fixed back too hard. The soft back has a larger area which means that it redistributes pressure better. Additionally it follows the back curvature and promotes a nice and gentle support to the back. The soft back support is available for all our shower commodes, optional or included as standard.

B Care setting specifics

The chair needs to service several people over time

If the commode is used for several users over time, eg in markets where assistive devices are prescribed and managed through equipment providers, it is good with a chair that can be adapted to varying individuals.

- Choose any Swift Mobil or Alto

“Non-professional” health care workers

If staff such as social workers or family members without formal training are going to handle the chair, it could be beneficial with simpler functionality rather than advanced features that might not be used.

- Clean has simpler functionality

Primarily used over wall-mounted toilets

Some commodes can be difficult to position well over wall-mounted toilets. Those who use the chair primarily for toileting and over a wall-mounted toilet, should choose a model specifically designed for that.

- Choose Swift Mobil-2 or Alto with “Upright back” or a Clean model.

Space is scarce

Limited bathroom space or narrow pathways can affect which chair to choose. Doorway(s) and floor space should be cross-referenced against the width and footprint of the shower commode before deciding on a model.

- Clean has the smallest footprint

Institutions with specific cleaning/washing demands

In settings with particular requirements on being able to machine wash or use alcohol wipes to clean the chair, a soft back might not suffice. A model with a fixed back support could be the better choice.

- Clean has a fixed back. Swift Mobil and Alto has an optional wipable back.

Product selection guide

Etac mobile shower commode chairs

							
Product	**Clean**	**Clean Height-Adjustable**	**Clean 24”**	**Swift Mobil-2**	**Swift Mobil Tilt-2**	**Swift Mobil 24”-2**	**Alto**
Category	Standard	Height-adjustable	Self-propelled	Standard	Tilt-in-space	Self-propelled	Tilt-in-space
Primary features	Slim in size, easy to drive and operate Extra hygienic design, easy to clean Available with front- and rear-opened seat Colour options of white and lagoon green	Height-adjustable seat height Slim in size, easy to drive and operate Has more foot and calf support options than the standard Clean	Easy to manoeuvre, easily accessible break handles Generous space in front of the wheels facilitates side transfers Available with front- and rear-opened seat Colour options of white and lagoon green	Adjustable seat height, back support, leg support and arm support Available in XL version for larger users Includes variant for optimal fit over wall-mounted toilets	Unique tilt from the side, allowing for user/carer eye contact Adjustable seat height, back support, leg support, arm support and head support Available in XL version for larger users Includes head support and heelstraps	Rear wheels positioned for maximum control Easy side transfers with generous space in front of the wheels Adjustable seat height, back support, leg support and arm support Available in XL version for larger users	Powered height and tilt adjustments Anterior tilt support sit-to-stand movements Includes variant for optimal fit over wall-mounted toilets Supportive ergonomics for caregivers
Accessories Visit our web site for the complete and continuously updated range.	Soft back support | Soft seats | Seat covers | Hip/chest belts | Pans | Crossbar	Soft back support | Soft seats | Seat covers | Hip/chest belts | Pans | Optional footrests | Crossbar	Soft back support | Soft seats | Seat covers | Hip/chest belts | Pans | Crossbar	Soft seats | Seat covers | Hip/chest belts | Pans | Optional foot support | Crossbar | XL back	Soft seats | Seat covers | Hip/chest belts | Pans | Optional foot support | Crossbar	Soft seats | Seat covers | Hip/chest belts | Pans | Optional foot support | Crossbar | XL back	Soft seats | Seat covers | Hip/chest belts | Pans | Optional foot support | Crossbar | Wipable back support
Comparison matrix							
Seat height	44/49/55/60 cm versions	Adjustable 47,5-60 cm	55 cm	Adjustable 44-59 cm	Adjustable 47,5-62,50 cm	Adjustable 45-60 cm	Adjustable 50-93 cm
Max user weight	130 kg	130 kg	130 kg	160 kg	160 kg	160 kg	160 kg
XL version for larger users	-	-	-	✓	✓	✓	-
Total width (passway through doors)	50 cm	54 cm	67 cm	58/64 cm	58/64 cm	74 cm	60 cm
Fixed back support	✓	✓	✓	Optional	Optional	Optional	Optional
Soft back support	Optional	Optional	Optional	✓	✓	✓	✓
Seat opening	Rear or front-opened	Rear	Rear or front-opened	Rear	Rear	Rear	Rear
Type of arm support	Swing-away	Swing-away	Swing-away	Foldable	Foldable	Foldable	Foldable
Adjustable armrests	-	-	-	In height or width	In height or width	In height or width	In height or width
Type of foot support (all are height-adjustable)	One-piece, foldable	One-piece, foldable	One-piece, foldable	Individual, swing-away	Individual, swing-away	Individual, swing-away	Individual, swing-away
Head support & heelstraps	-	-	-	Optional	✓	Optional	✓
Improved fit over wall-mounted toilets	✓	✓	✓	Yes, with Upright back model	-	-	Yes, with Upright back model
Clearance over toilet, maximum height (with pan holder -15mm)	40/45/49/54 cm	56 cm	49,5 cm	55 cm	58,5 cm	56 cm	89 cm
Clearance over toilet, maximum width		39 cm	39 cm	39 cm	43 cm	40 cm	43 cm (40.6 cm) *

**If the device shall be centered*

Product pages

Go to www.etac.com for additional details and item numbers.



Etac is a world-leading developer of innovative assistive devices and patient handling equipment. Since 1973, we have been committed to improving quality of life for the individual, family members and caregivers.

For the intended purpose of the products and latest information, please visit www.etac.com

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