Illustrations

Illustration 1

Illustration 2

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General

Thank you for choosing an Etac product.

To avoid accidents and injury when moving and handling the products, read the manual carefully.

The person described as “the client” in this user manual is the person who is lying or sitting on the product. The carer or carers are the people who manoeuvre the product.

This symbol appears alongside the text in the manual. It draws the reader’s attention to points at which there may be a risk to the health and safety of the client or carer.


Features

The 3B Board can be used to transfer clients from wheelchair to bed, bath/bathchair, car seat, etc., and vice versa.
Use

Positioning

Position the wheelchair at an angle of about 45° to the bed. Position the 3B Board so that the non-slip circles on the backside lie securely against the wheelchair seat and the surface of the bed on the other side. Positioning is easier if the client either leans in the opposite direction or shuffles him/herself sideways to sit on the glide board (Illustration 1).

Use

The client can now slide/“shuffle” slowly over into the wheelchair by pushing himself away from the mattress (Illustration 2). Depending on the client’s resources, the carer can guide the client, supporting the upper body, possibly using a Support Belt, Smartmove or Sling.

Tips

If a slope is established (e.g. if the bed is slightly higher than the wheelchair), the client will slide more easily from one to the other.

In connection with manual handling, it will often be an advantage to use a Pediturn turnplate for the feet and a Support Belt.

To remove the 3B Board, the client moves his/her weight away from the glide board, lifts and then pulls it free (Illustration 3).
Use

Special features

Always check the product before use and after washing.

Never use a defective product. If the product shows signs of wear-and-tear, it must be scrapped.

Read these instructions carefully.

It is important that carers receive instruction in manual handling.

Etac offers advice and training for carers.

For further information, contact Etac.

Always use the correct manual handling techniques.

Remember to use the client’s resources.

Remember to apply brakes to lock wheelchair and bed.

The client must have good balance.

There is a risk that the client may slide down.

Never leave the client alone on a glide board or on the edge of the bed.

Never use the 3B Board under wet conditions as the underside of the board may become slippery in contact with water.

Never leave the 3B Board on the floor.

To ensure that the client feels safe and that every manual handling is smooth, always plan the manual handling in advance.

If in any doubt - please contact Etac.

Materials

The 3B Board is made of polyethylene.

Cleaning

The product should be checked regularly, preferably each time it is used.

Never try to repair a product yourself. Never use a defective product.

The 3B Board can be wiped off with soapy water or disinfectant.
## Articles

<table>
<thead>
<tr>
<th>Article no.</th>
<th>Description</th>
<th>Size (cm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>IM403</td>
<td>3B Board</td>
<td>W22.5 x L76.5</td>
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## Combinations

<table>
<thead>
<tr>
<th>Article no.</th>
<th>Description</th>
<th>Size (cm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>IM99836GT</td>
<td>Pediturn, turnplate for floor use</td>
<td>Ø40</td>
</tr>
<tr>
<td>IM99700</td>
<td>Pediturn, hard turnplate, for floor use</td>
<td>Ø38</td>
</tr>
<tr>
<td>IM8017015</td>
<td>Support belt, 11 handles, X-large</td>
<td>W15 x L170</td>
</tr>
<tr>
<td>IM8015013</td>
<td>Support belt, 8 handles, large</td>
<td>W13 x L150</td>
</tr>
<tr>
<td>IM8013013</td>
<td>Support Belt, 6 handles, medium</td>
<td>W13 x L130</td>
</tr>
<tr>
<td>IM8010513</td>
<td>Support Belt, 5 handles, small</td>
<td>W13 x L105</td>
</tr>
<tr>
<td>IM8010509</td>
<td>Support Belt, 4 handles, small</td>
<td>W9 x L105</td>
</tr>
<tr>
<td>IM428</td>
<td>Sling, 2x4 handles</td>
<td>W20 x L185</td>
</tr>
<tr>
<td>IM425</td>
<td>SmartMove, 2 handles</td>
<td>W21 x L60</td>
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